

La Comunidad

California Latino Psychological Association

Volume VII July 2008

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President's Column

Bienvenidas/os and welcome to the CLPA newsletter. It is amazing how time goes by, and my two-year term as President of CLPA is coming to a close at the end of the summer. However, by no means is my involvement and commitment to CLPA ending. I look forward to seeing CLPA continue to have and integral and visible role in Latino Psychology for the betterment of our *comunidad*.



These two years have seen CLPA incredibly involved at the state-wide level. In March 2007, we had our first Latina/o Mental Health conference, which was well-attended, greatly educational, and provided many opportunities for building support networks. Organizing the conference took a lot of work by many people, yet the moments that stand out the most are the meaningful connections that were built and strengthened within the CLPA membership and attendees, including professionals and students.

In September 2007, the University of La Verne became the fourth school to join CLPA as a student chapter. We were happy to see the students at ULV work so hard and collaboratively to build their association on campus. The Alliant International University-Los Angeles and Pepperdine University graduate student chapters provided important feedback and support to ULV as they formed their organization. We look forward to their continued involvement (see p. 3 for an update).

In March 2008, CLPA hosted a seminar on the current and relevant topic of immigration and the Latino community. This event provided 6 continuing education credits to our membership and attendees. The seminar was at room capacity and the presenters were highly knowledgeable, instructive, and accessible. Again, support networks were strengthened and developed (see p. 2 for a report on the seminar).

Through a variety of events these past 2 years, we have continued our collaborations with important organizations and institutions, including: California State University Fullerton, Pepperdine University, the California Psychological Association, and the National Latina/o Psychological Association.

Further, this June 2008 I represented CLPA and CSU Fullerton at an important legislative briefing at the State Capitol in Sacramento that was organized by the Latino Coalition for a Healthy California. The legislative briefing was meant to address the mental health needs of California's Latino community, provide an update on the Mental Health Services Act (MHSA) from the Latino perspective, and identify the ways these issues can be advanced within the Latino community.

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Presidential Column Cont...

The briefing featured representatives from offices and institutions such as the California Latino Legislative Caucus, the California Council of Community Mental Health Agencies, the California Department of Mental Health, UC Davis, and UCLA. The funding and implementation of the MHSA is well underway and is having a positive impact on underserved communities throughout the state, and has many promises to significantly affect our comunidad in the future.

For further information on the issues addressed at the legislative briefing please visit

http://www.dmh.ca.gov/Prop_63/MHS A/default.asp (the California DMH's link to the MHSA, which also has the latest May 2008 update on the MHSA) and http://www.lchc.org/ (the Latino Coalition for a Healthy California).

Overall, we continue to sponsor social gatherings to provide consistent contact with our membership and outreach to students and the community. Further, we continue to strive to keep our membership lists and website information updated and will be making some important changes in the near future to streamline our procedures.

As you can see, CLPA is well positioned to continue to play an integral advocacy role for the betterment of Latinas/os and mental health in California.

Our (yours and mine) involvement and commitment to these issues is vital.

Olga L. Mejía, PhD CLPA President omejia@fullerton.edu

Committee Updates

Seminar Committee

Once again we had a successful CLPA event, held at Pepperdine University. The 2008 Seminar, entitled "Dos Culturas: The Latino Immigration Experience,"



was a success. We had over 100 attendees who were enthusiastic about learning and connecting with one another. The energy in the room was vibrant and supportive, which I believe are characteristic of the CLPA.

Dr. Rebecca Lopez offered insight about the details of the immigration process while encouraging mental health providers to be informed advocates for their clients. Dr. Celia Falicov engaged the audience in thinking about the sociopolitical issues of immigration and transnationalism and their impact on Latino families' mental health.

We hope to continue providing opportunities to learn and connect with students, professionals, and community members who are interested in Latino mental health.

Committee Updates Cont...

Thanks to our excellent speakers, attendees, the seminar planning committee and volunteers. Our sponsors were instrumental in helping support the 2008 Seminar. Special thanks to CSU Fullerton and Pepperdine University for their financial support, and the California Psychological Association (CPA) for providing the continuing education units. I especially want to acknowledge Pepperdine University's Latino Student Psychological Association (LSPA) for their unwavering support and assistance throughout the seminar planning.

Susana Salgado, PhD **CLPA President-Elect** susana.osalgado@gmail.com

CLPA Social/Networking

Our May 17 social at Miguel and Susana's place was well attended by ongoing supporters of CLPA as well as potential new members. Members and guests

had the opportunity to get to know each other; share this year's accomplishments and plans as well as enjoy a few laughs.

CLPA socials provide a great opportunity for members to connect, network, hear updates on CLPA and be involved. If you have a suggestion for a social gathering or are interested in hosting one, please contact Linda Luna at Ilinda13@hotmail.com and type "CLPA Social" in the subject line.

In the meantime, the next CLPA social will be October 4, 2008 from 5 – 9 pm. More information will follow.

Linda Luna, MSW Social Chair Ilinda13@hotmail.com

Student Section

Latino Student Psychological Association.

University of La Verne The 2007-2008 school year was the inaugural year for the Latino Student Psychological



Association (LSPA) at the University of La Verne (ULV) and it was an eventful year! We began the year in October with an inaugural lunch where students were invited to share their ideas and interests regarding the field of Latino mental health. CLPA President, Olga Mejía, and CLPA Student Representative, Veronica Vargas from Alliant International University-Los Angeles, came out to support and share the background and history of CLPA. Veronica spoke about the important role that LSPA plays in helping move CLPA's goals forward. It was a great turn out that provided a catalyst for the coming year.

In the month of November, LSPA-ULV held a day-long retreat where students were able to contribute their ideas to the development of goals and objectives for the organization.

Continue on pg 4

Student Section Cont...

From this retreat, the organizational structure was developed, and in efforts to guide the students, specific goals and objectives for the coming year were created.

This year's efforts and successes include the development of a Latino Mental Health Resource Library. The library will be a constant work in progress, and LSPA members have contributed translated clinical documents which include: books, articles, training manuals, etc... Clinical documents are made available to all students working with Latino clients.

On April 8th, LSPA-ULV held its first Lunch Time Lecture, Question and Answer Session with Drs. Miguel Gallardo and Susana Salgado. This event, entitled "Emerging Trends in Latino Psychology" provided an overview of pressing issues in the field, as well as a forum for discussion on other issues students face in working with Latino clients. The event was a success, with 30 students and faculty in attendance! We hope to further create a Lecture Series that will be an integral part of the organization's efforts to educate and advocate for the development of training and practice in Latino Psychology.

LSPA-ULV continues to work on developing the mentorship program that will be a central component of LSPA-ULV, and will provide important efforts in opening the pipeline for undergraduates to pursue graduate studies in psychology. We are excited about our progress, and look forward to the years to come.

And of course, we did not forget to have fun! The social outreach group organized several night outs, and outings where students were able to develop and show team building skills while learning to rock climb! LSPA-ULV will celebrate the end of the school year with food and drinks, como se debe!

Finally, we would like to welcome our new Co-Chairs for the 2008-2009 school year, Cindy Rollins, MA, MS, and Joe Puentes. Both Joe and Cindy are active members of LSPA and have played a big part in developing the organization over the past year. We are confident that the LSPA is in good hands!

Jime Salcedo, MA Co-Chair jimemalo@yahoo.com

Featured Article

Translating Research and Policy for the Real World Conference

Eduardo Morales, Ph.D.

California School of Professional Psychology – San Francisco

Alliant International University

The first national conference on evidenced-based practices and ethnic minorities was held in Bethesda, Maryland March 13 and 14, 2008. The conference entitled "Culturally Informed Evidence Based Practices: Translating Research and Policy for the Real World" was the first attempt to bring scientists, policy makers and practitioners together to examine a broad set of issues and challenges. The first day focused on methodological and research issues in developing evidence with these populations that are linguistically and culturally appropriate and efficacious. While traditional research models have helped to develop some theoretical paradigms in the field, when applied to real settings many times the efficacy is reduced or nonexistent for various reasons.

It takes about 17 years for research findings to get translated into practice according to Dr. Clark, the conference keynote speaker and Director of the Center for Substance Abuse Treatment of SAMSHA. Having research efforts brought into the field through collaborations as in program evaluation may speed up this process of translation and through its implementation incorporate the challenges of practice in the research methods.

The second day of the conference focused on specific examples on how research can use collaborative models in their approach for developing efficacious interventions with ethnic minorities. Research efforts for different ethnic groups were presented in the plenary session as well as breakout sessions that focused on specific evidence-based practices for ethnic minorities in great depth.

There were over 200 persons attending the conference that included federal NIH workers, APA members, scientists, directors of intervention programs and graduate students. Over 30 presenters were invited to share their expertise in generating data for efficacious interventions with ethnic minorities. The focus of the conference had five themes.

(1) Asking the right question in research and practice - How do we know evidence-based practices apply to various ethnic minority groups? What are the complications involved in generating evidence for ethnic minority groups and within these groups across the age span?

Featured Article Cont...

- (2) Transfer of Training Models: Do adaptations work? What are the strengths and weaknesses in using this approach? Are the assumptions generalizable to different cultural/age groups?
- (3) *Proper Assessments*: Are current assessment strategies valid and appropriate for ethnic minorities? How do we match treatment with diagnosis?
- (4) From Practice-Based Evidence to Evidence-Based Practice: How do we best capture and investigate interventions that were created from the ground up? How do researchers and service providers link up to empirically test practices that appear qualitatively effective? What procedures and strategies are needed to maintain fidelity when conducting interventions that are generated from the ground up? What theories and conceptual models can be generated to capture and elucidate the change processes that are operant in the new, effective approaches that may be developed?
- (5) Is Policy Jumping the Gun?: What are the consequences of establishing policy without evidence of effectiveness with ethnic minority populations? What are the current problems and struggles in implementing evidence-based practices and current policies? What are the needs for moving ahead in creating more evidence-based practices for ethnic minorities? For example, targeting funding for increasing research in this area, providing technical assistance to existing programs to develop the ground up efforts, having clinical trial studies with ethnic minority populations, and addressing the issues of retention with hard-to-reach populations when conducting longitudinal designs may be some of the priorities needed in the field.

Some of the workshop topics included: Measurement and Conceptual Approaches to Ethnically Diverse Populations, Depression and Affective Disorders: Diagnosis and Treatment, Family Interventions, Multicultural Assessment, Interventions with Children, Doing Evidence-Based Practices with Ethnic Minority Populations in Community-Based Addiction Treatment, Ethical and Culturally Congruent Research and Interventions with Communities and IRB in Community Settings, and Incorporating Qualitative Research Methods into Clinical Research with Diverse Populations.

This conference was historic in that it had 25 APA Divisions in attendance, the largest number ever sponsoring a conference aside from the APA annual national conference. APA Divisions 45, 17, 42, 12, and 37 were the organizing Divisions of this conference.

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Featured Article Cont...

This group lead by Division 45 was convened as a Task Force on April 28, 2006 to plan such a conference and seek out resources for funding. Funding was obtained through grants from SAMSHA, NIMH, the sponsoring APA Divisions, and the sponsoring psychological organizations. Sponsors of the conference were the National Latino Psychological Association, Asian American Psychological Association, American Psychological Association, Div 12 Section 6, the Clinical Psychology of Ethnic Minorities, Alliant International University who provided CEs for this conference, and the Asian American Center on Disparities Research of UC Davis. The additional APA Divisions sponsoring were: 13, 15, 18, 20, 22, 27, 28, 29, 35, 38, 39, 40, 43, 44, 48, 50, 51, 53, 54, and 56.

The conference committee is planning on getting the presentations published in a special journal issue, monographs, and books. The power point presentations of the conference presenters and the conference agenda are located now on the web at: http://psychology.ucdavis.edu/aacdr/ciebp08.html.

The conference was dedicated to the memory of A. Toy Caldwell-Colbert, Ph.D. who helped launch this conference and was instrumental in advancing the issues of psychology and ethnic minorities in her career and her leadership of many organizations. Dr. Caldwell-Colbert lost her battle with cancer the day before the conference.

Announcements

Congratulations to the Graduates!!

Yanina Paoliello, M.A.

Graduated on May 17, 2008 with a Masters Degree in Clinical Psychology with an emphasis in Marital and Family Therapy from Pepperdine University Graduate School of Education and Psychology.

Veronica Vargas, Ph.D.

Graduated on June 1, 2008 with a Ph.D in Clinical Psychology from the California School of Professional Psychology at Alliant International University, Los Angeles.

Also many Congratulations to Melvin Navarro, Ph.D. for having been selected as one of the recipients for the "Licensed Mental Health Services Provider Education Program;" all his educational loans will be paid off by this grant!

Many thanks to Alfredo Crespo, Ph.D and members of the CPA Ethics Committee for their donation to CLPA. Their donation is meant to help efforts in preparing Latino psychologists to become leaders in the psychology field.

Upcoming Events



Save the Date!

NLPA National Conference

Dear CLPA Members:

The National Latina/o Psychological Association executive committee has been working diligently toward the planning and organization of the third NLPA National Conference to take place at the Westin Hotel, Costa Mesa, California. **The Pre-Conference is scheduled on Friday, November 14th, 2008 with the two day conference occurring over the weekend, Saturday and Sunday, November 15-16th, 2008. The Conference Committee is extending the involvement of attendees at this conference through Monday, November 17th, in order to have NLPA Members enjoy the entertainment opportunities that are available in Southern California.**

The conference theme is *Healing Traditions and Models of Care with Latina/o Families and Communities*. This theme was selected because the role of spirituality in treating Latina/o individuals and families has characteristically not been recognized relative to the importance of how religion and spirituality can play significant roles in the healing process. It is the planning committee's hope that NLPA 2008 will provide a significant bench mark toward inclusion of therapeutic dialogue about spirituality in the counseling process. As such, many of the pre-conference workshops and accepted papers for the convention will have a primary theme focused on spirituality.

As president of NLPA, I hope to receive CLPA's support in the submission of papers for presentation and in the attendance at the conference in November. I look forward to seeing many of you at the conference.

Joseph M. Cervantes, Ph.D., ABPP Professor Department of Counseling California State University, Fullerton

Upcoming Events Cont...

BRIDGING THE CULTURAL GAP WITH YOUR LATINO CLIENTS

Presented by: Marc H. Irwin, PhD

August 08, 2008 - Sacramento CA, 95815

http://www.health-ed.com/seminarDetails.php?semID=250

TOXIC GUILT: THEORY, ASSESSMENT & TREATMENT – A Practical Guide for the Clinician

Presented by: Laureen Zeefe, M.Ed., LPC, CT

August 20, 2008 - San Diego, CA 92108

August 21, 2008 - Santa Ana, CA 92705

August 22, 2008 - Pasadena, CA 91101

http://www.health-ed.com/seminarDetails.php?semID=292

AS, HFA, NLD: FROM EARLY IDENTIFYING MARKERS THROUGH ASSESSMENT

Presented by: John M. Ortizm PhD

September 17, 2008 - San Diego CA, 92108

September 18, 2008 - Pasadena CA, 91101

September 19, 2008 - Santa Barbara CA, 93103

http://www.health-ed.com/seminarDetails.php?semID=232

ROSE JENKINS CONFERENCE

Revisiting Systems of Care in the Changing Landscape: the Mental Health Services

Act, Evidence Based Practices and Fiscal Challenges

Thursday, October 23 - Friday, October 24, 2008

The DoubleTree, 2001 Point West Way, Sacramento, CA 9581

http://www.cimh.org/Portals/0/Documents/conferences/CiMH-Conf-RoseJenkins-

SaveDate-2008-05.pdf

27th ANNUAL UC DAVIS CHILD ABUSE & NEGLECT CONFERENCE

October 27 - 30, 2008

Hyatt Regency Hotel, Sacramento, CA

To be placed on the mailing list for this conference or to receive additional information, please contact Joseph Hori at (916) 734-4038 or

joseph.hori@ucdmc.ucdavis.edu or register@canconference.com

Resources

The National Health Service Corps (NHSC) Loan Repayment Program (LRP)

announces a funding opportunity for mental health providers committed to working with underserved populations. This federal program makes contract awards to clinicians that agree to serve full time for two-years at approved sites in designated health professional shortage areas (HPSAs) of greatest need. In return for this service, NHSC LRP participants receive money to repay qualifying educational loans that are still owed. Maximum repayment during the required initial 2-year contract is \$25,000 each year with the possibility of extension of service and loan repayment at \$35,000 per year. In addition to loan repayment, clinicians receive a competitive salary and a chance to have a significant impact on a community. For additional information, visit http://nhsc.bhpr.hrsa.gov.

Licensed Mental Health Services Provider Education Program

Psychologists, social workers and MFTs, can apply to have their loans paid off. You can be licensed or unlicensed, but working with underserved populations in a non-profit, state, and/or county agency. For more information visit: www.healthprofessions.ca.gov

The National Register of Health Service Providers in Psychology, in conjunction with the American Psychological Association of Graduate Students (APAGS), is pleased to announce a new award for doctoral students in psychology. Each summer and winter the National Register and APAGS will award \$300 to a group of students interested in becoming credentialed by the National Register through its student program, the National Psychologist Trainee Register. Visit us at http://www.nationalregister.org/Click on the Students/Trainees link.

The Interamerican Society of Psychology (www.sipsych.org), known by its acronym in Spanish, SIP, for *Sociedad Interamericana de Psicología*, is a nonprofit, scientific and professional organization, serving psychologists in the Americas and beyond. SIP will celebrate 57 years of existence this December 2008.

You are invited to submit articles to SIP's journal, *Revista Interamericana de Psicología* (*Interamerican Journal of Psychology* or *IJP*). Founded in 1967, *IJP* is currently published three times a year; printed copies are included in the membership fees. *IJP* reviews and publishes articles in any of SIP's four official languages: Spanish, English, Portuguese, and French. *IJP*'s current editor is Dr. Silvia Koller from Brazil. *IJP* has published several special issues the most recent one on International Perspectives on AIDS Stigma (Vol. 41, 1, 2007). Please contact Andrés J. Consoli, President (2007- 2009) with any questions about SIP, consoli@sfsu.edu.

CLPA Newsletter Submission Guidelines

Dear CLPA Colleagues,

Would you like to contribute to the CLPA's newsletter? If so, you may contribute information in the categories below. Keep in mind that the next newsletter will be released in October 2008.

Announcements: Please send any announcements about yourself, your colleagues, or anything else you think our members would appreciate knowing. These can include new jobs, promotions, book chapters or articles, or other projects in which you participated. This is your chance to Shine!!

Articles: We also publish at least one featured article in each issue. We are open to articles that are relevant to the Latina/o community. Length should be between 750-1500 words. Articles should include a short bio, and a picture if desired. Please feel free to take a look at our previous featured articles at http://www.latinopsych.org/resources.html.

Student/Early Career: We are always looking for submissions from our student/early career members. Please feel free to submit articles about research you are involved in, communities you may be working with, or experiences you would like to share about being a student and starting off in your career as a mental health provider. This is a great way to connect with others in your field and to share experiences and information.

Resources: Send us your favorite summer books, articles, or websites!

Conferences: If you know of any workshops or conferences coming up in November and December of 2008 or January 2009, please send us that information.

Mentors Column: If you are a student or early career professional and would like to have a question answered from someone who has "been there, done that," please submit them to Linda Luna at Ilinda13@hotmail.com. These may be questions regarding the graduation process, licensure, getting your first job, etc. We are here to help each other.

Paid Advertisements: Post your advertisement with us! Our newsletter is sent to colleagues all over the state and country. You may view information on our website or you may email Linda Luna at Ilinda13@hotmail.com for more details.

Position Announcements: Please include position title and description, location, minimum qualifications, salary, and how to apply. For more information take a look at our past newsletter issues at http://www.latinopsych.org/Resources.html.

Please send all your submissions and questions to Ilinda13@hotmail.com. Please write "CLPA Newsletter Submission" in the subject line.

^{*}The editorial board reserves the right to edit all articles and submissions.

California Latino Psychological Association Executive Board

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WHY JOIN CLPA

- To advocate for the integration of research, practice, and scholarship on Latino mental health issues.
- Be an active agent of change to improve the current conditions of Latinos and the community's mental health status through public and institutional policy efforts.
- Meet other professionals invested in Psychology, specifically interested in the Latino community.
- Promote educational programs for Latinos interested in the field of Psychology.

MEMBERSHIP

Membership categories include the following:

Professional: Must have a doctoral degree in Psychology or related field from a regionally accredited institution.

Mental Health Associate: Minimum degree earned must be a bachelor's or master's degree in Psychology or related field.

Student: Must be enrolled in an undergraduate or graduate program in the field of psychology or related field.

Institution/Organization: The institution/ organization must endorse CLPA's principles set forth in the bylaws and the CLPA mission statement.

www.latinopsych.org

Name:	CLPA Membership Form
Mailing Address: City: State: Zip: Professional Affiliation: Fax Number: E-mail Address: Ethnic Identification: Clinical, Research & Teaching Interests: Annual Membership Fee Optional Student Sponsorship	Name: Degree:
City: State: Zip: Professional Affiliation: Fax Number: E-mail Address: Ethnic Identification: Clinical, Research & Teaching Interests: Annual Membership Fee Optional Student Sponsorship	Title/Position:
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Annual Membership Fee Optional Student Sponsorship Institution/Organization \$100 Number of students you wish Professional \$25 to sponsor x \$10 = Mental Health Associate \$15 Student \$10 (photocopy of current ID) Optional Name of student(s) you wish to sponsor. Ubuntary Contribution \$	E-mail Address:
Annual Membership Fee Optional Student Sponsorship Institution/Organization \$100 Number of students you wish to sponsor x \$10 = Mental Health Associate \$15 Student \$10 (photocopy of current ID) Optional Name of student(s) you wish to sponsor: Voluntary Contribution \$ (Donations make it possible to support the growth and visibility of CLPA. Please add your tax-deductable donation to the Grand Total I would be interested in volunteering for a committee. Total Annual Membership Fee \$ Optional Student Sponsorship \$ Voluntary Contribution (Tax-deductable)\$ Grand Total: \$ Wail form with payment (check payable to CLPA) to: Pepperdine University Graduate School of Education and Psychology CLPA 18111 Von Karman Avenue, Suite 209	Gender: Ethnic Identification:
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Name of student(s) you wish to sponsor: Voluntary Contribution \$	Institution/Organization \$100 Number of students you wisl Professional \$25 to sponsor x \$10 = Mental Health Associate \$15
Total Annual Membership Fee \$ Optional Student Sponsorship \$ Voluntary Contribution (Tax-deductable)\$ Grand Total: \$ Mail form with payment (check payable to CLPA) to: Pepperdine University Graduate School of Education and Psychology CLPA 18111 Von Karman Avenue, Suite 209	Name of student(s) you wish to sponsor: Voluntary Contribution \$
Annual Membership Fee \$ Optional Student Sponsorship \$ Voluntary Contribution (Tax-deductable)\$ Grand Total: \$ Mail form with payment (check payable to CLPA) to: Pepperdine University Graduate School of Education and Psychology CLPA 18111 Von Karman Avenue, Suite 209	$\hfill\Box$ I would be interested in volunteering for a committee.
Pepperdine University Graduate School of Education and Psychology CLPA 18111 Von Karman Avenue, Suite 209	Annual Membership Fee \$ Optional Student Sponsorship \$ Voluntary Contribution (Tax-deductable)\$
	Pepperdine University Graduate School of Education and Psychology CLPA 18111 Von Karman Avenue, Suite 209

CALIFORNIA LATINO PSYCHOLOGICAL ASSOCIATION

The California Latino Psychological Association was founded upon the guiding principles of enhancing the research, training, and practice of Latino/a Psychology in California. In addition, we understand the need to become social advocates within the community of mental health professionals and for our community. While our numbers continue to increase, our voice slowly follows. In order to thrive, The CLPA must educate our students, our colleagues, and Latino/a communities across California.

Membership Brochure

As a state chapter affiliate to the National Latino Psychological Association (NLPA), CLPA serves as an opportunity for professionals to network and dialogue about the mental health issues that affect the Latino community in California. The CLPA is the platform that facilitates the process of uniting us to work towards one goal, advancing Latina/o Psychology.

The CLPA is open to all individuals who endorse our mission. We welcome everyone and look forward to working with psychologists and other mental health professionals of all backgrounds invested in the Latino community. We look forward to your membership!

We're on the Web!

See us at:

www.latinopsych.org